New Vision Weekly Report 9/3/18 to 9/9/18

Researching this past week was difficult. The schedule that ISM had was definitely more challenging and demanding than usual. Now that the course is beginning to pick up, it is evident that this class requires a lot of attention, both inside and outside of class. Considering this week was shorter than others due to Labor Day, class time was cut down to only two class periods. Trying to work on ISM material and balancing my schedule and tennis practice this week was stressful, but manageable. Even though it was hard to keep up, this obstacle was eventually conquered. If the rest of ISM continues to build tension, it can be tolerable because planning to set aside any possible time to work on an assessment, research, or even finding connections on LinkedIn is valuable time that should be strategically taken advantage of.

This week, research was focused on the correlation between eyesight and diabetes. This topic had always seemed intriguing, but more importantly this topic is close to my family. Since my mom has Type 1 Diabetes, being able to learn the side effects of the disease was interesting. Overall, diabetes correlates with bad eyesight and happens to be a large problem to many diabetics. This information was sensitive yet informative for me, because it is concerning for my mother and our family. In addition to researching this week, LinkedIn accounts were made and connections were beginning to take place. With that, "Connection Logs" began to form, in order to contact and track potential mentors for this year. These assignments are vital components to this year's work and must be modified and kept up with throughout the year, in order to keep mentors impressed at the ISM students' professionality.

Looking through this week, both strengths and weaknesses were shown. Skills were displayed, such as staying on track with the "Contact Log". This assignment required a little bit of background research on certain optometrists, in order to ensure that the assignment was done well and documented reliable and accomplished individuals. Although this success was evident throughout this week, weaknesses were also showcased. Instead of being proactive this week with my research, finding an article did not occur until later in the week. With that, writing an assessment was a little more challenging than usual, especially since this was the first "Research Assessment" of the year. However, this week should be different, as there will be a large effort in researching well in advance before the assessment is due. This will be beneficial because it will allow for more research and processing time, in order to write a well-written paper.

For this coming week, new goals are going to be set. The research is going to be more tailored toward corrective lenses and how they are prescribed. The intention for this week is to find multiple articles, so there is more to write and think about. This goal will be difficult because I have two tennis matches this week. The schedule for the week will be more chaotic considering there are multiple ISM assignments due by the end of the week. Even though these obstacles are coming harder and faster than expected, they are capable of being tackled.