

Focusing In

Weekly Report 8/27/18 to 9/2/18

Coming into this week, goals were set that were expected to be achieved. After receiving feedback on my mission statement, revisions were made in order to make it more specific and clear regarding my field of study. My other intentions for this week was to research and find a valid article in order to write Assessment 1. The informative piece of text I used contained general descriptions of the diverse branches of optometry, the predicted work settings one can expect in this career, the required prerequisite education and training to become an optometrist, as well as any additional terminology used in this career. This article also included insight on the future of optometry, and where the field will be heading in years to come.

This week, I was able to accomplish writing my first assessment to the best of my ability. Assessment 1 covered the basics of my topic, giving the foundation to different aspects of the field. This paper was essential to my research because it not only summarized my annotations, but also tied the text back into my reflections on the topic, as well as my next steps in ISM. Also, throughout this week, Introductory Speeches were presented to our peers. Overall, I am proud of the way I announced my information. I remained calm yet kept my audience engaged with an interesting introduction to the speech. After receiving feedback, I realized I could work on a few areas of my presentation, including rewriting my transitions in my presentation, in order to make them run more smoothly.

Looking at this past week, I would rate my work ethic as on track and efficient. At the beginning of the week, I set goals and due dates for myself. This is necessary for me, considering I have to balance advanced classes, after school Varsity Tennis practice, and ISM in general. Every week, I have to customize my schedule and expectations for myself, keeping in mind that I have practice daily and a district match once a week. After looking at last week's goals, I must establish new target intentions for this week. This week I hope to find new articles detailing information about diseases in the eye, as well as how corrective lenses are prescribed and how they "fix" one's vision. With new articles, I will write my second assessment and hopefully grow more in depth with my research and love for optometry. Lastly, I will be completing my "Contact List and Correspondence Log" this week. I intend to complete this assignment as thoroughly and quickly as possible, that way I can focus in more on this week's research and develop my learning further.