

Being Nearsighted

Weekly Report 8/16/18- 8/26/18

Throughout this past week, I was introduced into the Independent Study Mentorship course. Initially coming into this program, I had a vision for how I would like my final product to look and what I wanted to accomplish by the end of next May. Although, this first week made me realize that my end result will not come as easily as just a mere idea I had developed over the summer. Now that my calendar is set and I have all the due dates laid out, I am aware that this year is going to require more of a “step-by-step” technique. I have taken a step back and am planning to take my research and development at a more reasonable pace.

Coming into this week, I wanted to solidify my chosen field of study. After hearing many of my peers present their “Introductory Speeches”, I noticed their passionate tone, while they talked about their interests. From that, I have recognized that I too have that same enthusiasm toward my chosen field of study: optometry. During the rest of this week in class, I created my own mission statement that would follow me and my work throughout the rest of the year. I made sure to take the time to design this statement because I wanted it to be personal and geared specifically toward my expectations and hopes for this year in ISM. Additionally this week I strategically chose a quote, from Lee J. Colan, that would guide me throughout my studies in this course; “Without a compelling cause, our employees are just putting in time. Their minds might be engaged, but their hearts are not”. This specific quote reminds me that optometry is a topic that I am genuinely interested in and dedicated toward.

After working through the general beginning part of ISM, I am ready to begin researching. Since I have been proactive and efficient over the past week, I have constructed a general base for this year. I have familiarized myself with multiple reliable databases that I believe will enable me to start the demanding tasks that my work requires. This next week, I have planned to find an article covering the basics of optometry. I will be exploring the different parts of the eye, along with various ocular conditions and any other additional information my research may lead me. From there, I will conduct an assessment covering what I have learned throughout the week from my findings.

Being nearsighted myself, I can only see what is right in front of me, rather than what the distant future holds for my work this year. Although this concept can be somewhat frightening and not promising, I am going to trust my planning, research, and work ethic throughout this next week.